

## HEALTH REFORM: Grandfathered Plans

### Interim Final Rules for Group Health Plans and Health Insurance Coverage Relating to Status as a Grandfathered Health Plan

The interim final rules for group health plans and health insurance coverage relating to status as a grandfathered health plan under the Patient Protection and Affordable Care Act were issued by multiple agencies on June 14, 2010.\*

The interim final rules provide that a group health plan or health insurance coverage no longer will be considered a grandfathered health plan if a plan sponsor or an issuer makes any of the changes outlined below:

#### **Eliminates all or substantially all benefits to diagnose or treat a particular condition**

The elimination of benefits for any necessary element to diagnose or treat a condition is considered the elimination of all or substantially all benefits to diagnose or treat a particular condition.

**Example:** If a plan eliminates all benefits for cystic fibrosis, the plan ceases to be a grandfathered health plan.

**Example:** If a plan provides benefits for a particular mental health condition, the treatment for which is a combination of counseling and prescription drugs, and subsequently eliminates benefits for counseling, the plan is treated as having eliminated all or substantially all benefits for that mental health condition.

#### **The plan increases a percentage cost-sharing requirement (such as coinsurance) above the level at which it was on March 23, 2010.**

Changes to the level of coinsurance would significantly alter the level of benefits provided; thus, any increase in a percentage cost-sharing requirement causes a plan or health insurance coverage to cease to be a grandfathered health plan.

**Example:** On March 23, 2010, a grandfathered health plan has a coinsurance requirement of 20 percent for inpatient surgery. The plan is subsequently amended to increase the coinsurance requirement to 25 percent. The increase in the coinsurance requirement from 20 percent to 25 percent causes the plan to cease to be a grandfathered health plan.

**The plan increases fixed-amount cost-sharing requirements other than copayments (e.g., a \$500 deductible or a \$2,500 out-of-pocket limit) more than the maximum percentage increase identified by the rule.**

The maximum percentage increase is defined as medical inflation (from March 23, 2010), expressed as a percentage, plus 15 percentage points. The term medical inflation means the increase since March 2010 in the overall medical care component of the Consumer Price Index for All Urban Consumers (CPI-U) (unadjusted). The increase in the overall medical care component is computed by subtracting 387.142 from the index amount for any month in the 12 months before the new change is to take effect and then dividing that amount by 387.142.

**Example:** On March 23, 2010, a grandfathered health plan has a copayment requirement of \$30 per office visit for specialists. The plan is subsequently amended to increase the copayment requirement to \$40. Within the 12-month period before the \$40 copayment takes effect, the greatest value of the overall medical care component of the CPI-U (unadjusted) is 475. In this example, the increase in the copayment from \$30 to \$40, expressed as a percentage, is 33.33 percent ( $40 - 30 = 10$ ;  $10 \div 30 = 0.3333$ ;  $0.3333 = 33.33\%$ ). Medical inflation from March 2010 is 0.2269 ( $475 - 387.142 = 87.858$ ;  $87.858 \div 387.142 = 0.2269$ ). The maximum percentage increase permitted is 37.69 percent ( $0.2269 = 22.69\%$ ;  $22.69\% + 15\% = 37.69\%$ ). Because 33.33 percent does not exceed 37.69 percent, the change in the copayment requirement at that time does not cause the plan to cease to be a grandfathered health plan.

**The plan increases fixed-amount cost-sharing requirements for copayments more than the allowed amount.**

The rule thus stipulates that a plan or health insurance coverage ceases to be a grandfathered health plan if there is an increase that exceeds the greater of: a total percentage (measured from March 23, 2010) that is more than the sum of medical inflation plus 15 percentage points, or \$5 increased by medical inflation (measured from March 23, 2010).

**Example:** On March 23, 2010, a grandfathered health plan has a copayment of \$10 per office visit for primary care providers. The plan is subsequently amended to increase the copayment requirement to \$15. Within the 12-month period before the \$15 copayment takes effect, the greatest value of the overall medical care component of the CPI-U (unadjusted) is 415. In this example, the increase in the copayment, expressed as a percentage, is 50 percent ( $15 - 10 = 5$ ;  $5 \div 10 = 0.5$ ;  $0.5 = 50\%$ ). Medical inflation from March 2010 is 0.0720 ( $415.0 - 387.142 = 27.858$ ;  $27.858 \div 387.142 = 0.0720$ ). The increase that would cause a plan to cease to be a grandfathered health plan is the greater of the maximum percentage increase of 22.20 percent ( $0.0720 = 7.20\%$ ;  $7.20\% + 15\% = 22.20\%$ ), or \$5.36 ( $\$5 \times 0.0720 = \$0.36$ ;  $\$0.36 + \$5 = \$5.36$ ). The \$5 increase in copayment in this example would not cause the plan to cease to be a grandfathered health plan, which would permit an increase in the copayment of up to \$5.36.

**A group health plan or group health insurance coverage decreases the employer's contribution rate by more than five percentage points below the contribution rate on March 23, 2010.**

If the contribution rate is based on the cost of coverage or on a formula, such as hours worked, a group health plan or group health insurance coverage ceases to be a grandfathered health plan if the employer decreases its contribution rate toward the cost of any tier of coverage for any class of similarly situated individuals by more than 5 percentage points below the contribution rate on March 23, 2010. For this purpose, contribution rate is defined as the amount of contributions made by an employer compared to the total cost of coverage, expressed as a percentage. Total cost of coverage is determined in the same manner as the applicable premium is calculated under the COBRA continuation provisions. In the case of a self-insured plan, contributions by an employer are calculated by subtracting the employee contributions from the total cost of coverage.

**Example:** On March 23, 2010, a self-insured group health plan provides two tiers of coverage: self-only and family. The employer contributes 80 percent of the total cost of coverage for self-only and 60 percent of the total cost of coverage for family. Subsequently, the employer reduces the contribution to 50 percent for family coverage, but keeps the same contribution rate for self-only coverage. In this example, the decrease of 10 percentage points for family coverage in the contribution rate based on cost of coverage causes the plan to cease to be a grandfathered health plan. The fact that the contribution rate for self-only coverage remains the same does not change the result.

**A plan makes certain changes with respect to annual or lifetime limits.**

Three scenarios are discussed in the interim final rules. With respect to annual limits: (1) a group health plan, or group or individual health insurance coverage, that, on March 23, 2010, did not impose an overall annual or lifetime limit on the dollar value of all benefits imposes changes to an overall annual limit on the dollar value of benefits; (2) a group health plan, or group or individual health insurance coverage, that, on March 23, 2010, imposed an overall lifetime limit on the dollar value of all benefits but no overall annual limit on the dollar value of all benefits adopts an overall annual limit at a dollar value that is lower than the dollar value of the lifetime limit on March 23, 2010; or (3) a group health plan, or group or individual health insurance coverage, that, on March 23, 2010, imposed an overall annual limit on the dollar value of all benefits decreases the dollar value of the annual limit (regardless of whether the plan or health insurance coverage also imposes an overall lifetime limit on the dollar value of all benefits).

Changes other than the changes described above will not cause a plan or coverage to cease to be a grandfathered health plan. Examples include changes to premiums, changes to comply with federal or state legal requirements, changes to voluntarily comply with provisions of the Affordable Care Act and changing third party administrators.

## **OTHER INSIGHTS PROVIDED BY THE INTERIM FINAL RULES**

### **Policies Sold After March 23, 2010**

Any policies sold in the group and individual health insurance markets to new entities after March 23, 2010, will not be grandfathered health plans even if the health insurance products sold to those subscribers were offered in the group or individual market before March 23, 2010. Thus a change in carriers will eliminate grandfathered status.

**Example:** A group health plan not maintained pursuant to a collective bargaining agreement provides coverage through a group health insurance policy from Issuer X on March 23, 2010. For the plan year beginning Jan. 1, 2012, the plan enters into a new policy with Issuer Z. In this example, for the plan year beginning Jan. 1, 2012, the group health insurance coverage issued by Z is not a grandfathered health plan because the policy issued by Z did not provide coverage on March 23, 2010.

### **Disclosure Required to Maintain Grandfathered Status**

To maintain status as a grandfathered health plan, a plan or health insurance coverage (1) must include a statement, in any plan materials provided to participants or beneficiaries describing the benefits provided under the plan or health insurance coverage, that the plan or health insurance coverage believes that it is a grandfathered health plan within the meaning of section 1251 of the Affordable Care Act and (2) must provide contact information for questions and complaints (model language provided in the interim final rules is provided below).

### **Documentation Required to Maintain Grandfathered Status**

To maintain status as a grandfathered health plan, a plan or issuer must also maintain records documenting the terms of the plan or health insurance coverage that were in effect on March 23, 2010, and any other documents necessary to verify, explain or clarify its status as a grandfathered health plan. Such documents could include intervening and current plan documents, health insurance policies, certificates or contracts of insurance, summary plan descriptions, documentation of premiums or the cost of coverage, and documentation of required employee contribution rates. In addition, the plan or issuer must make such records available for examination. The plan or issuer must maintain such records and make them available for examination for as long as the plan or issuer takes the position that the plan or health insurance coverage is a grandfathered health plan.

## Collective Bargaining Agreements

In the case of health insurance coverage maintained pursuant to one or more collective bargaining agreements ratified before March 23, 2010, the coverage is a grandfathered health plan at least until the date on which the last agreement relating to the coverage terminates. Thus, before the last of the applicable collective bargaining agreement terminates, any health insurance coverage provided pursuant to the collective bargaining agreements is a grandfathered health plan, even if there is a change in issuers (or any other change) during the period of the agreement. This provision only applies to insured plans maintained pursuant to a collective bargaining agreement and not to self-insured plans. After the date on which the last of the collective bargaining agreements terminates, the determination of whether health insurance coverage maintained pursuant to a collective bargaining agreement is grandfathered health plan coverage is made in accordance with other group health plans.

## List of the New Health Reform Provisions of Part A of Title XXVII of the PHS Act that Do and Do Not Apply to Grandfathered Health Plans

PHS Act Statutory Provisions That Apply	
PHS Act Statutory Provisions	Application to Grandfathered Health Plans
§2704 Prohibition of preexisting condition exclusion or other discrimination based on health status	Applicable to grandfathered group health plans and group health insurance coverage; not applicable to grandfathered individual health insurance coverage
§2708 Prohibition on excessive waiting periods	Applicable
§2711 No lifetime limits	Applicable
§2711 No annual limits	Applicable to grandfathered group health plans and group health insurance coverage; not applicable to grandfathered individual health insurance coverage
§2712 Prohibition on rescissions	Applicable
§2714 Extension of dependent coverage until age 26	Applicable
§2715 Development and utilization of uniform explanation of coverage documents and standardized definitions	Applicable
§2718 Bringing down cost of health care coverage (for insured coverage)	Applicable to insured grandfathered health plans

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## PHS Act Statutory Provisions That Do Not Apply

PHS Act Statutory Provisions	Application to Grandfathered Health Plans
§ 2701 Modified Community Rating	Not applicable
§2702 Guarantee Issue	Not applicable
§2703 Guarantee Renewability	Not applicable
§2705 Nondiscrimination based on health status	Not applicable
§2706 Nondiscrimination of health care providers	Not applicable
§2707 Comprehensive health insurance coverage (essential benefits and cost-sharing requirements)	Not applicable
§2709 Individual participation in clinical trials	Not applicable
§2713 Mandated preventive services	Not applicable
§2715A Transparency reporting	Not applicable
§2716 Nondiscrimination based on salary	Not applicable
§2717 Quality of Care Reporting	Not applicable
§2719 Appeals Process	Not applicable
§2719A Choice of PCP; ER Services at in-network rates; access to OB/GYN; access to Pediatrician	Not applicable
§2704 Prohibition of preexisting condition exclusion or other discrimination based on health status	Not applicable to grandfathered individual health insurance coverage
§2711 No lifetime or annual limits	Not applicable to grandfathered individual health insurance coverage
§2714 Extension of dependent coverage until age 26	Not applicable to group health plans that are grandfathered in the dependent has other employer sponsored coverage

### **Model Language for the Required Disclosure**

This [group health plan or health insurance issuer] believes this [plan or coverage] is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your [plan or policy] may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the plan administrator at [insert contact information]. [For ERISA plans, insert: You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This website has a table summarizing which protections do and do not apply to grandfathered health plans.] [For individual market policies and nonfederal governmental plans, insert: You may also contact the U.S. Department of Health and Human Services at [www.healthreform.gov](http://www.healthreform.gov).]



## FOR MORE INFORMATION

The Department of Labor's Employee Benefits Security Administration has posted the following related to grandfathered health plans under the Affordable Care Act:

- » Fact Sheet, available at:  
[www.healthreform.gov/newsroom/keeping\\_the\\_health\\_plan\\_you\\_have.html](http://www.healthreform.gov/newsroom/keeping_the_health_plan_you_have.html)
- » FAQs, available at:  
[www.healthreform.gov/about/grandfathering.html](http://www.healthreform.gov/about/grandfathering.html)

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